

SPRING CONFERENCE **SCHEDULE**

West Coast - May 7th, 2022

8:30 - 9:00

Breakfast and Opening Remarks

9:15 - 10:45

Looking Back, Moving Forward

10:45 - 11:00

Break

11:00 - 12:15

Workshops

Centering SEL to Promote Deeper Learning

Detangling Worth from Achievement

Positive Coping Strategies

Prioritizing Equity Work

(Students only) Regulate, Relate, Reimagine

Rethinking Assessment

(Educators only) Teaching for Engagement

Understanding Mental Health and Challenging Stigma

12:15 - 1:15

Lunch

1:15 - 2:30

Workshops

Centering SEL to Promote Deeper Learning

Detangling Worth from Achievement

Engaging Parents at Challenge Success Schools

Positive Coping Strategies

Prioritizing Equity Work

(Students only) Regulate, Relate, Reimagine

Rethinking Assessment

(Educators only) Teaching for Engagement

Understanding Mental Health and Challenging Stigma

2:30 - 2:45

Snack Break

2:45 - 4:00

Coach & Team Time

WORKSHOPS

CENTERING SOCIAL EMOTIONAL LEARNING TO PROMOTE DEEPER LEARNING

Sarah Fine, Director, San Diego Teacher Residency, High Tech High Graduate School of Education,
Teachers that seek to create a climate of care in their classrooms often rely on routines such as morning meetings and icebreakers. These practices are a strong start, but what would it take to sustain the focus on social-emotional learning beyond the first five minutes of class? In this workshop, participants will explore how to set SEL as the foundation of all learning experiences so that classrooms become humanizing spaces where students can engage in deep learning.

DETANGLING WORTH FROM ACHIEVEMENT

Meag-gan O'Reilly, CEO, Inherent Value Psychology INC; Lecturer, Stanford University School of Medicine
When you review your resume or check your GPA, are you ever left wondering, “Am I enough?” How connected is your own sense of worth to extrinsic markers of success – status, achievement, beauty? In this workshop, we draw from ancient philosophies to consider how to cultivate a life rooted in intrinsic values and passions, as opposed to one grounded in markers of achievement. Participants will leave with a personalized self-worth plan.

POSITIVE COPING STRATEGIES FOR IMPROVED REFLECTION, RELATIONSHIPS, AND RESILIENCE

Presenter: *Donnovan Y'Israel, Senior Health Educator, Mental Health and Well-Being Stanford University*

Many of us navigate the world in a near constant state of fight or flight. We're often overscheduled, under-resourced, and under the illusion that every situation requires our “best.” Under such pressure, we can't be our best; in fact, long-term stress limits our intelligence, creativity and compassion. In this workshop, participants will learn the skills to help us calm down, function optimally and live happier, more meaningful lives.

PRIORITIZING EQUITY WORK

Kawai Lai, Co-Founder and Executive Director, VizLit

Equity work is the work of educators, and yet it's often framed as a separate initiative competing for attention, resources, and practice. How do you integrate equity work so it connects to other priorities? In this workshop, participants will develop an understanding of what it takes to engage in authentic work on equity in schools and consider how this can look in practice.

(Students only)

REGULATE, RELATE, REIMAGINE: HOW PRIORITIZING SELF-CARE AND CONNECTION LEADS TO MORE EFFECTIVE PROBLEM SOLVING

Jen Coté, School Program Director, Challenge Success

Participants will identify causes of stress in students' lives and discuss practical ways to implement coping strategies. Students will connect and collaborate with others to reimagine how to advocate for change with their Challenge Success teams.

RETHINKING ASSESSMENT

Drew Scharder, School Program Manager, Challenge Success

We know from the research and our own experience that meaningful assessments can be powerful learning moments. Too often, however, students experience assessment as a separate, and highly stressful event, distinct from learning. How can we close this gap between what assessment can be and how students experience it? How do we encourage more authentic learning experiences while minimizing grade-grubbing and cheating? This interactive workshop repositions assessment as a tool for learning and focuses on multiple assessment strategies that allow students to demonstrate what they know.

(Educators only)

TEACHING FOR ENGAGEMENT

Dr. Denise Pope, Senior Lecturer, Stanford University and Co-Founder, Challenge Success

We know that students learn better and retain more information when they are genuinely engaged in classroom lessons. This workshop uses a “backwards design” model to help teachers plan engaging units that bring learning to life for students. Join Denise to examine the recent research behind student engagement, explore ways to rethink your curricula to foster deeper learning and increase student joy and motivation to learn, and strengthen your grasp of enduring understanding outcomes.

UNDERSTANDING MENTAL HEALTH AND CHALLENGING MENTAL HEALTH STIGMA

Laura McGourty, School Counselor and SEL Coordinator, The San Francisco School

Throughout the pandemic, we have heard a lot about an emerging mental health crisis among our youth. Yet, many still view mental illnesses as uncomfortable, embarrassing or a sign of weakness. In a school setting, this can lead to missed diagnosis, delays in treatment, experiences of discrimination and disconnected community members. Through an exploration of current research, case studies and hands-on activities, Laura will help participants understand ways to de-stigmatize mental health and to support all members of the school community

ENGAGING PARENTS AT CHALLENGE SUCCESS SCHOOLS

Margaret Dunlap, Senior School Program Director, Challenge Success

Parents are a key constituency in implementing Challenge Success principles at school and at home. Join Margaret for a discussion on how to engage the parents in your school community through teacher-parent forums, parent portals, and innovative approaches to book clubs and topic discussions. Identify the goals of successful parent engagement, strategies and templates for achieving those goals, and ideas to address common challenges.